



Khurshed Batliwala

Faculty, *The Art of Living*

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Innovator with a proven track record of creative and successful projects in the fields of education, meditation and arts.

Specialized in inspiring individuals, building in them the capacity to offer and implement out of the box solutions for contemporary challenges faced in their personal and professional lives.

Core Competencies

Public Speaking

Creating Winning Solutions

Leading & Developing Teams

Strategic Planning

Fantastic Presentation Skills

Story Telling

Event Organising

Writing

Mentoring

Executive Highlights

Mumbai Hope Line: Co-steered a team to prevent suicides by launching a help line to counsel people with suicidal tendencies. Successfully prevented 38 suicides.

Donate a Book, Educate a Child: Spearheaded a fund raising campaign in India, Europe & US for educating first generation students in rural India and Africa.

March against Corruption: Initiated the first step in a *[national movement against corruption](#)*, with 10,000+ youth at Parliament Street, New Delhi on 1st March, 2009.

Anti Tobacco Drive: Trained 5000 youth in November 2008, New Delhi, through Youth Empowerment and Skills (YES!+) Workshop of the Art of Living Foundation. This was a part of the Anti Tobacco Drive of the Ministry of Health & Family Welfare of the Government of India.

The Great Green Project: Supervised the implementation of a *[program to plant and adopt over 10,000 trees all over India](#)*.

Yuvratri: Organised, planned and co-hosted an *[event for over 75,000 urban youth on Christmas Eve](#)*, December 2006 in Mumbai, to launch World Alliance for Youth Empowerment (WAYE), in alliance with UNESCO, UNDP, UNFPA, UNAIDS, UNAID, UNICEF, UN Millennium Campaign and SIDA as strategic partners. Served as Director in WAYE and coordinated global initiatives for youth.

World Culture Festival, Berlin: Lead a delegation of 70+ students to Europe as a part of the Indian contingent for *[The 30th anniversary celebrations of the Art of Living Foundation](#)* held at the Olympiastadion in Berlin.

Global Youth Leadership Forum: Leader of the organizing and steering team of the GYLF as part of the *[World Culture Festival, New Delhi](#)*.

Executive Highlights

Western Classical Music Appreciation Workshop: Demystifying the western classics and enabling a contemporary audience to understand, appreciate and enjoy this glorious music.

Technology of Spirituality: Created and delivered a talk that unravels the mysteries behind the [Technology of Spirituality](#) and the secrets of success. This video went viral on YouTube with over 6,00,000 hits and counting.

Make the Moon Smile: A talk dealing with Conservation of the Environment and what any individual can do to lead a cleaner, greener, healthier and planet friendly lifestyle.

Mathemagic: Devised a captivating workshop that enlivens the magic in understanding the fundamentals of Mathematics. [Teasers on YouTube](#) garnered more than 8,00,000 views from an audience ranging from 16 to 70 years of age.

A Story Retold: Did a [commentary on Sri Sri Ravi Shankar's knowledge series](#); 'An Intimate Note to the Sincere Seeker'. This series also features on YesPlusTV, a dedicated channel on YouTube.

E TV talks: Delivered a series of talks for E TV, aired across their network outlining practical solutions to contemporary and pertinent challenges faced by young people.

Speaking Tree: Writes occasionally for [speaking tree online](#), a few articles have appeared in the printed versions of Times of India.

Mumbai Connection: All the drama and tension of creating the most complex city rail network has been flattened onto a board. Designed [Mumbai Connection](#), a board game based on the Mumbai local train system, which has enthralled all who have played it.

Mind Maps and More: Created a hugely successful workshop for soft skill development using the core technique of mind mapping.

Ready Study Go! - Smart Ways to Learn: A book published by Harper Collins India, exploring the attitude towards study, having tips and techniques to make the process of learning into an interesting, enjoyable and meaningful activity instead of the dull grind that it seems to have become for most people. bit.ly/readystudygo

Use Your Brain: A workshop based off a few chapters from his book Ready Study Go! which creates a paradigm shift in the process of learning. Whether you are a student working your way through university or a professional struggling with new concepts you have to study or simply someone who is curious and wants to know more... You will find techniques in the Use Your Brain workshop that will make the process of studying and learning easier and possibly more fun.

Career Highlights & Accomplishments: Chose the unconventional career path of being an Art of Living instructor and facilitated life skills workshops under the guidance of Sri Sri Ravi Shankar since 1992 in more than 30 countries. Organized national and international programs, ranging from 200 to 300,000 people inspiring them to live the life they choose to live rather than the one they have to.

Co-created and developed the [Youth Empowerment and Skills \(YES!+\)](#) workshop, with the guidance of Sri Sri Ravi Shankar, aimed at enhancing creativity, communication, leadership, team building skills, soft skills and other areas of self-development in young people. Over 400,000+ youth in more than 50 countries have benefitted immensely from the program.

- Instrumental in inspiring and training over 1000 teachers to lead the YES!+ programs in various countries.
- Customized YES!+ to fit the needs of rural and semi urban youth in the format of the UTSAV program.

Served as Dean of Student Affairs at [Sri Sri University](#), Odisha.

Represented the Art of Living Foundation in the Education Caucus of UN in Geneva and at the [World Ethics Forum](#), Oxford, UK.

Career Highlights & Accomplishments

Noted as a prolific speaker with warmth, wit and wisdom; was invited to speak at various universities and corporate offices across the world. A snapshot:

- London School of Economics, Georgia Institute of Technology, The University of Texas at Austin, New York University, UC Berkeley, UC Los Angeles, University of Amherst, University de Montreal, University of Holland, University of Melbourne, National University of Singapore, University of Bahrain.
- IIM - Ahmedabad, Bangalore, Lucknow and Indore, IIT - Bombay, Chennai, Delhi, Gandhinagar, Kanpur and Guwahati, XLRI Jamshedpur, BITS Pilani - Hyderabad and Goa, Manipal University, Annamalai University, KIMS - Bangalore, Delhi University, Jyoti Nivas College, CREDAI, ICAI, Bharatiya Vidyarthi Sahayyak Mandal, Pune
- Barclays, American Express, Citibank, Morgan Stanley, Hewlett Packard, Godrej, Tata, Bosch, ICICI, Times of India, Bombay Stock Exchange, Toyota, HCL.
- TEDx forums – IIT Chennai, BITS Goa, IIM Bangalore, IIT Gandhinagar, Symbiosis Pune, Symbiosis University. TEDx - Chennai, International Management Institute (IMI) Delhi, Manipal University, Jaipur and Sallisbury Park, Pune.

Interests

Music

- Graduated from a listener of the western classics to an amateur piano player to co creating '*Sri - Symphonic Bhajans*', a western classical rendition of Indian bhajans.
- Organised a series of Piano concerts all over India with Mireille Heijltjes, Lisanne Soeterbroek, Stephaine Steiner & Seenu Singh.
- Orchestrated the '*Bhakti*' series of concerts which were performed all over India - Evenings of wonderful music showcasing fresh young talent intertwined with stories of devotion, seasoned with laughter and wisdom. These concerts were pre-emptive fund raisers for natural disasters.

Social Media

- Blogger and public figure on various platforms.
- Has a verified page on facebook with more than 100,000 likes and a verified twitter account with more than 40,000 followers.
- Rookie website programming and design skills.
- Offered webinars and online interactions on many different subjects ranging from effective use of online media, music appreciation, teaching Art of Living courses online to personal counselling, meditation for groups and even cooking!

Healing Arts

- Certified Bio-dynamic Cranio Sacral Therapist registered with PACT (Pacific Association of Cranio Sacral Therapists).
- Level 2 Practitioner of Dr. Edward Bach Flower Remedies.
- Level 2 Practitioner Emotional Freedom Technique (EFT).
- Basic understanding of Myofascial Release Therapy (MFR).

Cooking

Customized Italian, Indian and Parsi cuisines especially for the vegetarian palette and launched 'Cafe Vishala' - The Restaurant of the Art of Living.

Theatre

- Wrote, directed and acted in winning plays, as a student, for IIT Bombay.
- Co-directed '*Anand and Benaifer*' a romantic musical comedy, performed in Bombay & Bangalore

Upcoming Works

Ready Study Keep Going: Writing the second part to the Ready Study Go! book which targets a working professional who needs to update and upgrade himself through learning.

You Can Learn Anything: Tips and techniques for a younger audience who have adventure of learning.

Once upon a time in the kitchen: Putting together a recipe book flavored with anecdotes and recipes from various world cuisines peppered with tips to give a new life to traditionally non-vegetarian cuisine, using strictly vegetarian ingredients.

Technology of Spirituality: A book to bring sense into the sometimes esoteric, whimsical and mysterious world of spirituality.

Short Films: Involved in making short films about answers to esoteric questions for the layman.

Education

Indian Institute of Technology, Bombay,
MSc. in Mathematics, specialization in Statistics and Operations - 1994

